

PARTNERING WITH BODIKU

A GAME-CHANGER

Bodiku is a team of holistic health and movement professionals who guide you towards understanding, valuing and achieving your next level of energy, vitality and resilience, using methods attuned to the uniqueness of you.

We offer a variety of options, including structured programs, individual sessions and retreat programs.

W W W . B O D I K U . C O M

TAILORING OFFERINGS TO YOUR PROPERTY'S UNIQUE IDENTITY

- **Personalized Wellness Solutions.**

- Bodiku can create customized fitness and wellness programs tailored to your property's unique identity and guest preferences.

- **Trained Instructors.**

- Our team of experienced and certified instructors can adapt their teaching styles and techniques to match your property's atmosphere and guest expectations.

- **State-of-the-Art Facilities.**

- Bodiku can design and equip fitness facilities that seamlessly blend with your property's aesthetic and provide a premium wellness experience for your guests.

TAILORING OFFERINGS TO YOUR PROPERTY'S UNIQUE IDENTITY

- **Increased Revenue.**
 - By offering tailored wellness services, your property can attract a wider range of guests and generate additional revenue through premium fitness and wellness packages.
- **Positive Guest Reviews.**
 - Customized offerings that align with your property's identity can lead to positive guest experiences and reviews, enhancing your reputation and attracting more guests.

Sound Healing Journeys

Immerse in the serene resonance of crystal and Tibetan singing bowls as these harmonious vibrations promote deep meditation, relaxation and overall well-being. By soothing the nervous system, enhancing immunity and alleviating stress and anxiety, indulge in a symphony of tranquility and rejuvenation.



**KUNDALINI
SOUND HEALING**

Private Session
60 min | 1 - 2 pax

**CHAKRA HEALING
MEDITATION**

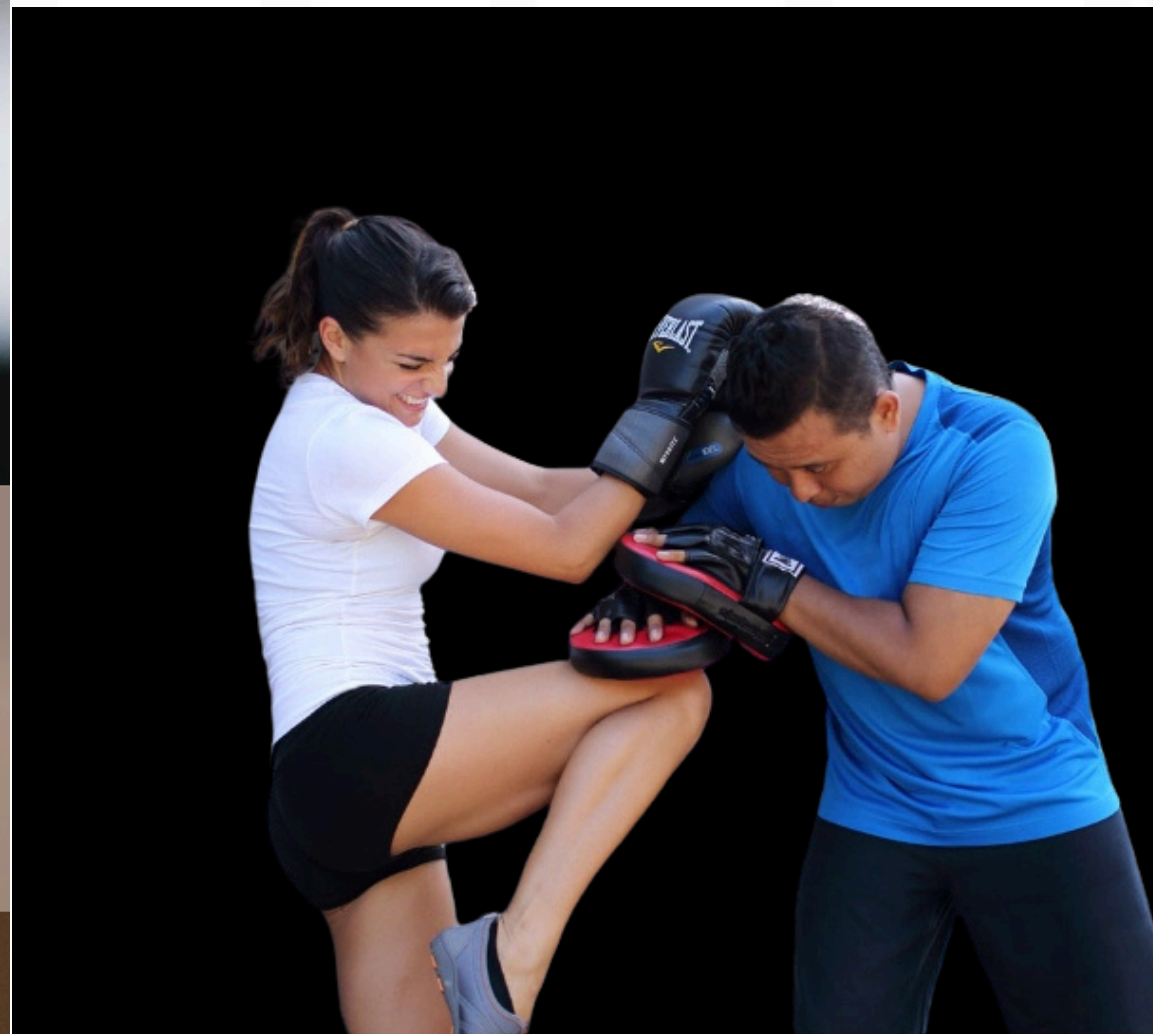
per additional pax

Price in thousands of rupiah and subject to 21% tax & service charge

BODIKU MARKETING EXAMPLE

We have a team of trained instructors & practitioners who are dedicated to helping our guests achieve their fitness and wellness goals. These individuals are certified in a variety of disciplines including :

Yoga | Meditation | Strength Training | Breathwork |
Cardio & Endurance Training | Sound Healing



INTRODUCING RETREAT AT THE PROPERTY

We believe that our guests and residents deserve the best. Our Retreat collaborations offer a range of state-of-the-art facilities to ensure guests and residents feel rejuvenated and motivated during their stay.

Should you like to host a retreat at your property, our management can work closely with your in-house team to create a memorable experience for both International and domestic guests.



JUNE TO OCT 2024
WHITE LABEL
RETREAT

BALI - INDONESIA

www.bodiku.com



Men's
RETREAT
TROPICAL BALI - INDONESIA

A photograph of a young, muscular man with brown hair and blue eyes, wearing dark blue briefs. He is in a push-up position on a sandy beach, looking directly at the camera with a slight smile. The background shows the ocean and a clear sky.

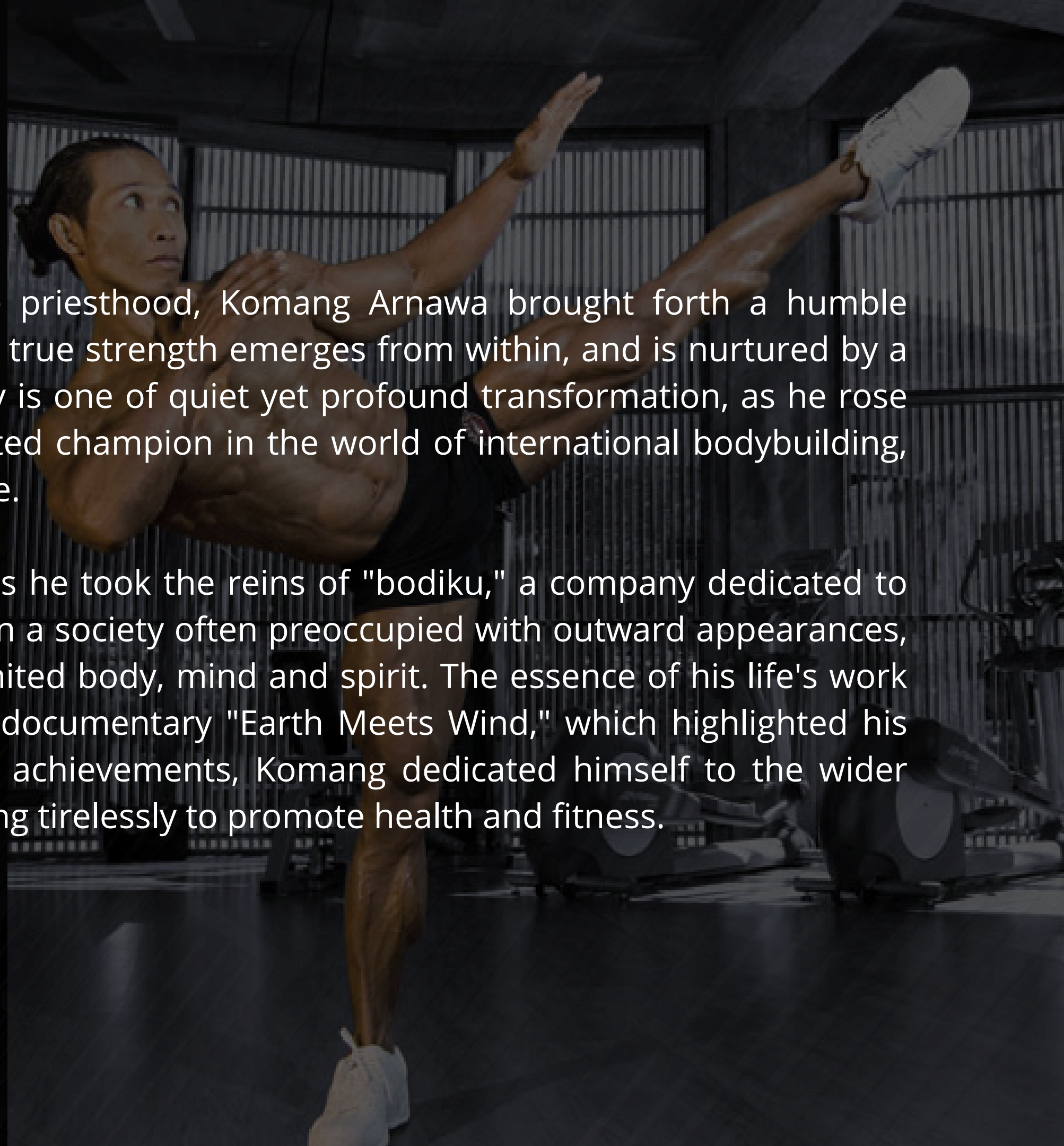
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OUR FOUNDER

Embedded in the sacred traditions of Balinese priesthood, Komang Arnawa brought forth a humble philosophy of inner harmony, and the belief that true strength emerges from within, and is nurtured by a commitment to personal growth. Komang's story is one of quiet yet profound transformation, as he rose from modest beginnings to become an undefeated champion in the world of international bodybuilding, winning six titles through sheer tenacity and grace.

His journey did not halt at personal accolades, as he took the reins of "bodiku," a company dedicated to the pursuit of wellness in its most holistic form. In a society often preoccupied with outward appearances, Komang championed a vision of strength that united body, mind and spirit. The essence of his life's work and philosophy was beautifully captured in the documentary "Earth Meets Wind," which highlighted his unique approach to wellbeing. Beyond his own achievements, Komang dedicated himself to the wider community as President of IFBB Indonesia, working tirelessly to promote health and fitness.

Learn more about Komang Arnawa



THANK YOU